

Kelburn Normal School Community Notices

These are provided as a service to the community and do not necessarily reflect the policies and practices of the school.

KOSCT

After School Care

As the new school year begins, we are happy to advise that there are both Casual and Permanent places available at After School Care for all days of the week. So if you have a regular or one off need for our services please do not hesitate to contact us on 475 9212 anytime between 1-6 pm weekdays.

Kim Mudgway, Manager, Kelburn Out of School Care & Kelburn Holiday Programme

PH 04 475 9212 or 021 212 3480 / Email: kosct@xtra.co.nz / Office hours: 1.pm to 6.pm

Sport/Clubs

Kelly Sports is offering three programmes this term - **Balls, Basics and More**, **Handball Heroes** and **Summer Selection** all starting on **February 9th**. **Balls, Basics and More** is a fundamental sports skills programme ideally suited to younger or less confident children aimed at developing co-ordination, speed, spatial awareness and all the basic skills essential to sports. **Summer Selection** is a multisport programme including 2 weeks each of 4 different sports; **Volleyball, Football, Fitness Fun** and **Cricket** - for children interested in sports (or just having fun) it allows them to try a wide variety of sports in a fun and challenging environment. Something **new and different** - **Handball** is a mix between netball and basketball but with shooting more like football. A great sport for developing co-ordination and a great challenge for any child. As always, all Kelly Sports Programmes are aimed at having fun and encouraging all children to reach their full potential and develop a love of sport. The fliers are available through our website www.ksports.co.nz or contact the office for more information at rachel@kellysports.co.nz or on 04 972

"**Registration for 2010 Karori Junior Football Club** is now open. Online registration at www.wkafc.org.nz by 28 February or in person at the club rooms (Karori Road) 6-7pm 15 February. Queries welcome to registration@wkafc.org.nz Get ready for the upcoming winter season - enrol now also for the summer football programmes. Girls only programme on Fridays. See web-site for details."

Karori Junior hockey Club Registration Day Monday 22 February 2009 from 5 to 7pm in the Karori Normal School hall foyer, Donald Street, Karori. Great game for boys and girls, from Year 1 to 8. All queries to Leigh Perry ph 027 476 0040 or email perry-clan@xtra.co.nz

Girl's & Women's Football Festival, Nairville Park, Khandallah, Sunday 21st February 2010—9 am—3 pm. Check out: www.capitalfootball.org.nz for festival times and activities and for other programmes being run during the festival week.

Public Notice - Onslow Junior Football Club Enrolments for the 2010 Season

Onslow Junior Football Club invites all young people between the ages of 5 and 14 years of age to play football (or soccer if you prefer) with the Club in 2010. Online enrolment at www.onslow.org.nz opens on 27 January and closes on 17 February, 2010.

For more information email registration@onslow.org.nz or phone the Registration Secretary on 479 4339

Community Notices

Are you looking for childcare? Barnardos KidStart provides:

- a friendly, safe home environment
- an excellent ratio of an Educator to a maximum of four children
- affordable fees
- Optional fee for 20Hours ECE for over three year olds.

Contact Shamshad on 8023539 or email shamshad.sen@barnardos.org.nz for further details.

Bridging the Gap; a two day workshop for 8-12 year olds.

Bridging the Gap gives children skills and strategies around spelling, maths, teamwork, communication and mind mapping. They play games and activities that increase the children's self esteem and confidence and have a lot of FUN!

Bridging the Gap is being run February 26th - 28th in Wellington (Friday evening is for parents only).

For further information please phone Discovery Foundation on 0800 493968 or email info@discoveryforteens.co.nz.

The Rotary Club of Courtenay Place in association with The Breeze presents Oriental Bay Big Dig on Saturday 13 February 11 am—12.30 pm. Supporting the Child Cancer Foundation. Rain day Sunday 14 February 11am—12.30 pm. \$5 entry.

Looking for love? This Valentine's weekend Wellington SPCA will be playing Cupid for our annual animal adopt-a-thon.

Sponsored by our exclusive feeding sponsor Hill's Pet Nutrition™, 'Second Chance for Love' runs from Saturday 13 February to Sunday 14 February. We've lots of fabulous animals in need of a loving new home and with your help; we could meet our target of 1,000 adoptions nationwide! It's a great opportunity to support Wellington SPCA and to give a lucky animal that second chance for love. So make sure you come along to the SPCA centre nearest you and maybe, just maybe, you could fall in love!

Animal centre opening times: Newtown: 9am to 9pm both days. **Waikanae:** 9am to 3pm both days. **Levin:** 10am to 12pm both days. Check out the [Second Chance for Love website](#) to find out more!

Family Change Group

A six week programme for children aged 6- 11 years, and their Parent/Caregiver who have had a family Separation or Divorce

Children's Group aims to:

- Normalize Change, Loss and Grief experiences as part of life and especially in relation to family break up.
 - Counter magical thinking and causality (i.e. child not to blame)
 - Identify feelings separately (i.e. fear, regret, guilt, anger)
 - Explore practical ideas for managing difficult feelings. Introduce ideas for expressing anger safely and positively. *This is done by providing the opportunity to*
 - Reduce feelings of isolation and alienation through affiliation with others in similar circumstances
 - Accept and acknowledge experiences of others in the group
 - Express thoughts and feelings through art and play
 - Provide activities that increase self-esteem and self confidence
- Establish who, what and where the child's support network is

A parent/caregivers programme for the children attending will be held at the same time

Parent/Caregivers Group will

- Receive information about the children's group and talk about parenting issues
- Explore briefly effects of loss and change on adults
- Examine key conclusions from research on how children grieve around family break up
- Explore goals to effectively support children through difficult times

Examine how family relationships need to be renegotiated in the context of issues of individual grief, identity and parenting styles and roles

Dates and Venues for 2010

Term 1

Date Every Tuesday from 16th Feb - 23rd March
Time 2.30 - 4pm
Venue To be Confirmed
Cost: \$120.00 per child

Term 2

Date Every Tuesday from 18th May - 22nd June
Time 2.30 - 4pm
Venue To be Confirmed
Cost: \$120.00 per child

Term 4

Date Every Thursday from 21st October - 25th November
Time 2.30 - 4pm
Venue To be Confirmed
Cost: \$120.00 per child

Contact (04) 920 9967, or Freephone 0800 299 100
or visit our website www.skylight.org.nz for further details

Fashion for Research Charity Cocktail Event 25 March 2010 6-8 pm

The Wellington Friends of the Malaghan Institute are organising a fashion show to raise funds for the Malaghan Institute of Medical Research. The show will feature this seasons winter fashion from the Designer Clothing Gallery, The Mews, Cerise Clothing and Vance Vivians and will be held at the Australian High Commission in Thorndon. There will be delicious finger food, and Spy Valley are donating the wine for the evening. Tickets are \$50 each, and available from Susan Laurensen, ph 475 8516 or sjh.rcl@extra.co.nz