

KELBURN NORMAL SCHOOL NEWSLETTER

NGĀ TĀTARAKIHI O AHUMAIRANGI PĀNUI

THE BIRD'S EYE VIEW ISSUE 29 WEEK 8, TERM 3 2023

RĀHINA 4 MAHURU MONDAY 4 SEPTEMBER



Where students learn creatively and strive for excellence in preparing for lifelong learning
Kia auaha te ako a ngā ākonga me te whai i te iti kahurangi mō te akoranga tūroa

This week:

Monday 4 September - PTA Meeting @ 7 pm in the Tupu space

Tuesday 5 September - Y5-8 WZ Miniball @ ASB Stadium 9 am to 1.30 pm

Friday 8 September - School hui hosted by Whanake 10.15 am to 11 am. Oneside day - Donate online at onesideday.co.nz or Text FREE to 3181 to donate \$3

Kia ora koutou,

THIS WEEK

The PTA is holding a meeting at 7 pm in the Tupu space. All parents/caregivers are welcome, they would love to see some new faces.

Y5-8 WZ Miniball is on tomorrow at Akau Tangi Stadium. Kelburn had 4 teams playing tomorrow.

This Friday's school hui hosted by Whanake @ 10.15 am

Onesie day this Friday. [Donate online at onesideday.co.nz](https://onesideday.co.nz) or Text FREE to 3181 to donate \$3.



Health Curriculum Survey. - The Kelburn Normal School Board of Trustees are sending out the biennial Health Curriculum Survey. The Board is required to consult with our school community once every 2 years about how we deliver our health and physical education curriculum. Health and physical education promote hauora / healthy minds and physical activity, and covers a lot of areas centering on personal wellbeing through participation in a progressive, skill based and knowledge based programme.

The Board is interested in your thoughts, views or comments about the school's health and physical education programmes and so please take the time to [contribute to the survey by clicking here.](#)

NEXT WEEK

Board of Trustees meeting on Monday 7th at 6.30 pm in the staffroom.

Tupu Drama Sharing is next week at 2 pm in the Hall, Monday - Tupu Brown, Tuesday - Tupu Miller, Wednesday - Tupu Wilby and Thursday - Tupu Molloy

Māia Play Performance is next Thursday at Gryphon Theatre. Button @ 6 pm and Munn @ 7.15 pm (performers to arrive 40 mins prior)

Assembly - Please note that the week 9 assembly on Friday hosted by Whānui will start at the earlier time of 9:00 am. Both senior and junior kapa haka will be performing at this assembly.

Thank you for your continued support for our kura.
Ngā manaakitanga,
Andrew

Looking Ahead - Event Dates - Term 3

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
Week 8	Monday 4 September	PTA Meeting @ 7 pm in the Tupu space
	Tuesday 5 September	Y5-8 WZ Miniball @ ASB Stadium 9 am to 1.30 pm
	Friday 8 September	Onesie Day - Donate online at onesieday.co.nz or Text FREE to 3181 to donate \$3 School hui hosted by Whanake 10.15 am to 11 am
Week 9	Monday 11 September	Tupu Brown Drama Sharing @ 2 pm in the Hall Board of Trustees Meeting @ 6.30 pm - 8:30 pm
	Tuesday 12 September	Tupu Miller Drama Sharing @ 2 pm in the Hall
	Wednesday 13 September	Tupu Wilby Drama Sharing @ 2 pm in the Hall
	Thursday 14 September	Tupu Molloy Drama Sharing @ 2 pm in the Hall Māia Play Performance at Gryphon Theatre Button @ 6 pm and Munn @ 7.15 pm (performers to arrive 40 mins prior)
	Friday 15 September	School hui hosted by Whānui + Snr and Jnr Kapa Haka @ 9.00 am to 10.30 am
Week 10	Wednesday 20 September	Recorder concert 1 - 1:45pm
	Friday 22 September	School Closed for Teacher Only Day

Looking Ahead - Event Dates - Term 4

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
Week 1	Tuesday 10 October	Whānui Swimming departing at 10.50 am
	Thursday 12 October	TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am
Week 2	Thursday 19 October	TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am

Week 3	Monday 23 October	School Closed Labour Day
	Tuesday 24 October	School Closed for Teacher Only Day
	Thursday 26 October	TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am
	Friday 27 October	Y3-Y6 Hansel & Gretel NZ Ballet
Week 8	Tuesday 28 November	Musical Refreshment @ St Andrew's on the Terrace
	Tuesday 12th December	Maia Rogaine (am)
	Wednesday 13 December	Whanake Rogaine (am) Whanui Rogaine (pm)

School Notices

YUMMY FRUIT STICKER COLLECTION: Thank you for collecting your apple stickers and bag cutouts. We are coming towards the hand-in time and your efforts will go towards earning Sports Gear for our children. Please can you hand your Collection Sheets by the last Friday of Term 3, Friday 22 September. Thank you!
More information and collection sheets at <https://www.yummyfruit.co.nz/schools/>

KNS Parent Chat WhatsApp Group

The PTA has a WhatsApp group to enable all the KNS community to communicate with each other about all things KNS. If you want to join this group, please email us on pta@kelburnnormal.school.nz with the following information:

- Your name
- Your phone number
- Your child's name and class

Masks - Tamariki are welcome to wear a mask at school if they wish to and it makes them feel safe.

School App - Contact Details

Please check your contact details on the school app to ensure we have the correct details. If changes are needed please email these to admin@kelburnnormal.school.nz

Teacher Messages - a sort option has been added to the teacher messages section on the school app so parents can easily search for the latest message in date order.

Downloading the app - for those needing assistance with downloading the app please check the app [login video](#) on our website for parents

EzLunch Menu - Subway Wednesday / Pizza Thursday / Sushi Friday [Click here for the Menu](#)

Kelly Club - Changes to Childcare Assistance - check if you qualify!

More families will now qualify for Childcare Assistance and the rate will increase for those already qualified, which means you may be eligible for assistance to send your child to Kelly Club. Please follow this link to find out more: https://drive.google.com/file/d/1EgHRGbeAEvTHYilaBHp7uauZzw_mwIJA/view

Kelly Club - Check us out on Facebook - [Click Here](#)

For enrolments and enquiries, contact the Supervisor on 021 744636 or kelburnnormal@kellyclub.co.nz

Kelly Club Programmes focus on giving children aged between 5 and 13 the opportunity to do things they enjoy in a safe, supportive, and encouraging environment.

Kelburn to Enrol go to www.kellyclub.co.nz



General Information: We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our holiday programme is focused around sports, games, and outings to local attractions. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

Who can attend: Children aged 5-13 yrs

What do you need to bring: Shoes and appropriate clothing, jacket or sweatshirt, hat, drink bottle and food.

Food: Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12.30pm to 1.00pm each day.

Programme activities: Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

Payment details: Payment is required before the holiday programme begins. An invoice will be issued when a completed booking is received. All payment details will be included on the invoice.

Work and Income OSCAR Subsidy: Parents / caregivers that meet certain criteria will be able to access a WINZ subsidy to help cover the cost of our programme. For more information visit www.workandincome.govt.nz.

Please note: Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Club accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst at a programme. If your child/ren are collected late after the conclusion of the programme you will be charged \$20 per 15 minutes or part thereof.

Website: kellyclub.co.nz/kelburn-normal
Contact: Mercy Wilkins
Email: kelburnnormal@kellyclub.co.nz
Phone: 021 744 636
Facebook: @KellyClubKelburnNormal
Address: 16 Kowhai Road, Kelburn

OCTOBER 2023 HOLIDAY PROGRAMME

KELBURN NORMAL SCHOOL

WEEK 1	Mon 25 September	Tues 26 September	Wed 27 September	Thurs 28 September	Fri 29 September
					
	BOOK DAY Step between the pages of your favourite book and become part of the story. Where will we end up today? Come along dressed as your favourite book character and find out!	TRIP DAY - SWIMMING! We are off swimming to Te Rauaparaha Arena. Please remember your tags, towel, a big lunch, drink bottle, and a hat. \$18 extra for the day.	DARING DETECTIVES We're going undercover for a day of detective work. We'll need our spy gadgets and undercover team to solve the intriguing mysteries.	MAGICIAN Abracadabra! Andrew Wilson the Magician is coming to Kelly Club! Come along and watch the magic show. An afternoon show. Extra \$12.	GINORMOUS GALAXIES It's World Space Week so prepare for blast off! All our systems are go as we embark on an astronomical adventure here at Kelly Club.
WEEK 2	Mon 2 October	Tues 3 October	Wed 4 October	Thurs 5 October	Fri 6 October
					
	KELLY CLUB FAVOURITES Today we are revisiting our favourite Kelly Club activities from the past! Join us in celebrating all the best things about Kelly Club!	TRIP DAY - GYMNASTICS We are heading to Hutt Valley Gymnastics Club. We will learn the basics in gym: A Warm Up, The Beam, Floor, Bar, Circuit & lots more. Extra \$18 for the day.	SMILES ALL AROUND Putting a smile on your dial today and everyday! Let's make each other smile through acts of kindness, sharing jokes and making smiley treats!	TRIP-ROLLER SKATING We are heading to the Upper Hutt Roller Skating Club for a day of Roller Skating! Extra \$18 for the day.	YEAR OF WORLD CUPS This year our top Rugby, Netball, Football and Cricket players are all competing for World Cups. Today you can join the competition as we combine all four into our own Mega Cup!
FULL DAY \$59 SCHOOL DAY: \$47 HALF DAY: \$39 EVENT DAY: Extra \$12-\$18 8am-6pm 8.45am-3.15pm 8am-1pm or 1pm-6pm					



BOOK ONLINE NOW AT www.kellyclub.co.nz

KELLY SPORTS NETBALL HOLIDAY PROGRAMME

Raroa Normal Intermediate School, Johnsonville

Week 1 – Tues, Weds, Thurs, 9am-12pm.

Years 1-4

For Beginners, these sessions will work on improving basic netball skills.

Children will work towards the following skills: Passing, Shooting, Spatial Awareness and Defensive skills.

Years 5-8:

These sessions will work on sharpening the basic skills - Passing and Shooting and we will start to develop a better understanding of the 7-side game and the different positional roles.

KELLY SPORTS FOOTBALL HOLIDAY PROGRAMME!

Week 1 - Tues, Weds, Thurs, Week 2 - Tues, Weds, Thurs

9.30am-12.30pm, for children aged 5-12 years

This programme is perfect for "Beginner's" and those wanting to find out more about the game and have lots of fun, improve technique, knowledge and skills.

We focus on the core skills of control, dribbling, passing but MOST importantly having as much FUN as possible!

To book for either programme go to www.kellysports.co.nz

SUMMER SERIES FOOTBALL/NETBALL COMPETITION!

Get your friends/teams together and enrol for the Kelly Sports Summer Series

Football or Netball!!

Competition starts on Friday 27 October 2023.

Football is held at Ian Galloway Park, Netball is held at either Marsden or Karori Normal School.

To enrol go to www.kellysports.co.nz/netball2023 or www.kellysports.co.nz/football2023

KELLY CLUB SEPT/OCT HOLIDAY PROGRAMME

Join us for a fun filled holiday programme!

We have lots exciting days including:

Book Day, Daring Detectives Day, Ginormus Galaxies Day, Kelly Club Favourites Day, Smiles All Round, Year of World Cups Day

plus trips to:

Te Rauparaha Arena for a Swim, Gymnastics, Roller skating and a Magician is coming to Kelly Club.

Kelly Club is available at the following schools:

Amesbury, Churton Park, Island Bay, Kelburn, West Park

to Enrol go to www.kellyclub.co.nz

KELLY SPORTS IS BACK FOR TERM 4 – SPRINT INTO SPORTS!!

The Kelly Sports sessions are a great way to improve your child's motor skills and coordination within a FUN environment.

We aim to develop and enhance balls skills, catching, kicking and throwing, while improving strength, flexibility, hand/eye coordination and spatial awareness.

In Term 3 we will be focusing on the following sports:

T-Ball, Athletics, Cricket and Football!

We teach new skills and improve ability by using games, drills and exercises. It's a great way to try new sports, improve skills and maintain fitness – all while having FUN!

Kelly Sports is available at the following schools:

Amesbury, Brooklyn, Churton Park, Crofton Downs, Houghton Valley, Karori Normal, Kelburn, Khandallah, Ngaio, Northland, Paparangi, St Marks, Wadestown, West Park

To Enrol go to www.kellysports.co.nz

What to say...

INSTEAD OF



Try our 3C Method!

**YOU'LL BE FINE!
DON'T WORRY!**



1 Connect to yourself

Take a deep breath.
Focus on a long exhale.

BREATHE



"My child is struggling."
"They need guidance."
"I can handle this."

MANTRAS

2 Connect to your kids

"Something about this worries you. I believe you."

"It looks like you're feeling anxious. Can you tell more?"

"This is hard for you. I'm right here. You're safe. I love you."

"When I get anxious I feel it in my belly. Where do you feel your worry?"

3 Collaborate outside the moment

"I can see that something about this really worries you. It's okay to feel anxious, even if you're not sure why. I'm on your side. When you're ready, let's come up with a plan together."



FOOTBALL  **NETBALL**

SUMMER SERIES

2023 ————— 2024



**SUMMER FOOTBALL
5-A-SIDE**

Ian Galloway Park,
Wilton



**SUMMER
NETBALL**

Samuel Marsden School &
Karori Normal School

TEAM ENROLMENTS NOW OPEN

TERM 4: 27 Oct – 15 Dec 2023 **TERM 1:** 2 Feb – 22 Mar 2024

REGISTER YOUR TEAM ONLINE TODAY!

kellysports.co.nz/netball2023 ★ kellysports.co.nz/football2023



For more details

Email: adminwgtn@kellysports.co.nz

Phone: 021 972 728

Facebook: @KellySportsWellington

Community Notices

Cricket - Nursery Grade - Kelburn - Calling all 5 and 6 year olds!

Nursery grade cricket involves fun skills-based activities to introduce 4 – 6 year olds to core cricket skills such as throwing, catching and hitting a ball. It's a great social way to give cricket a go and leads to Collegians cricket pathways for Years 2 - 8 and beyond. Register now for a November start.

<https://www.wellingtoncollegians.co.nz/grades-registration>

If your child loves doing cartwheels, handstands, trampolining, flips, dancing, or parkour, then they will thrive at Bigair Gym!

Bigair Gym classes are excellent for fun, focus and fitness! Children learn new skills and develop personal confidence and self-achievement! Strong focus is given to safety and technique, ranging from fundamentals to advanced skills. The structured classes follow a Bigair Badge Programme, which creates focused learning, and allows children to achieve and feel personal progression! Bigair classes include **GYMNASTICS, TRAMPOLINING, TUMBLING, FREE RUNNING** (that's parkour with flips) & **CHEERLEADING!** Inquire about Bigair **BIRTHDAY PARTIES** too! Booking online is easy at www.bigairgym.co.nz.

Bigair Gymsports Kapiti ph. 297 0400 e. kapiti@bigairgym.co.nz

Bigair Gym Owhiro Bay ph. 383 8779 e. wgtn@bigairgym.co.nz

Bigair Gym Tawa ph. 232 3508 e. office@bigairgym.co.nz



Join us for Love Tennis 2023 – Sunday 10 September

We're opening the doors of our club at 16 Campbell Street, Karori on Sunday 10 September from 10am-4pm for an action-packed day of tennis, with lots of fun, games, treats and prizes.

The club's coaching team, Cyperus Tennis & Fitness, will be with us to support the activities and to provide information on the wide range of coaching options that they offer – for beginner players of all ages, through to those coming back to tennis after a break.

There will be prizes, giveaways, activities and action on and off the court.

Best of all Love Tennis is 100% FREE to attend!

- Racquets supplied;
- BBQ;
- Prizes & Giveaways.

Come and check out what Karori United Tennis Club has to offer.



Find us on Capital BMX
www.capitalbmz.co.nz
capitalbmz.info@gmail.com
Come and have a go!

Scan to watch videos

CAPITAL BMX

HAVE A GO
Love riding bikes?
Keen to develop your riding skills?
Looking for a fun & family friendly Club?
Come on down to CAPITAL BMX

Check out our new development straight
And get tips from our coaches
Training Thursday evening
(during daylight savings)
Club Day Sunday morning

HIRE a BMX bike, helmet & gloves \$10
or buy 3 x HAVE A GO SESSIONS for \$20
GET THE WHOLE FAMILY INVOLVED
SEASON STARTS 10th SEPTEMBER 2023

Find us on Capital BMX

www.capitalbmz.co.nz

**PLAY CRICKET
FOR
KARORI**

REGISTRATIONS
OPEN NOW!

Join Us

www.karoricricket.co.nz
karoricricket@gmail.com



Collectors Needed!

Children's Hospital
Street Appeal
Saturday 30th Sept



TE WAONUI
CHILD HEALTH SERVICE

Wellington
HOSPITALS
FOUNDATION



STEM Holiday Programme

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Wellington



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Small Group Sizes With Friendly Experienced Instructors

\$125 For The Day, Friday 29th Sept - Friday 6th Oct

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www.makeroomwellington.nz

**Does your child like
to sing, dance, act
and perform?**

**Would you like your child to build more
confidence and make more friends?**



Performing arts classes led by a
London West End performer!

After school and weekend classes in
Aotea, Johnsonville, Karori, Newtown,
Lower Hutt, and Upper Hutt!

Two-week trials available.



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www.spotlightperformingarts.co.nz

NEW ZEALAND
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PRESENTS

CINDERELLA

JULES MASSENET



Friday 8 to Sunday 10 September 2023

THE HUNTER LOUNGE
KELBURN CAMPUS, WELLINGTON



Get your opera tickets today: eventfinda.co.nz
or scan the QR code to visit the website



ANNUAL ROWING FUNDRAISER

BOOK FAIR

Saturday 16th September - 9am - 5pm

Sunday 17th September - 9am - 12pm

At Onslow College - follow the signs

PRICES FROM \$0.50

**Sausage Sizzle &
Bake Sale**

EFTPOS AVAILABLE





WELLINGTON COLLEGIANS JUNIOR CRICKET CLUB

2023 – 2024 Summer Season

FROM

Nursery
Grade

THROUGH TO

Year 8
BOYS

AND

Year 11
GIRLS

Registrations Open Now!



Grades & Registration | Collegians
wellingtoncollegians.co.nz



wcjcc.membership@gmail.com



Wellington Collegians Junior Cricket Club