

# KELBURN NORMAL SCHOOL NEWSLETTER

## NGĀ TĀTARAKIHI O AHUMAIRANGI PĀNUI

THE BIRD'S EYE VIEW      ISSUE 34    WEEK 4, TERM 4 2023

RAHINA 30 WHIRINGA-Ā-NUKU ~ MONDAY 30 OCTOBER



Where students learn creatively and strive for excellence in preparing for lifelong learning  
Kia auaha te ako a ngā ākongā me te whai i te iti kahurangi mō te akoranga tūroa

This week:

**Monday 30 October** - Board Meeting @ 6.30 pm in the staffroom

**Tuesday 31 October** - Māia Munn overnight camp, Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm, Y3 Sports Day

**Wednesday 1 November** - Māia Button overnight camp

**Thursday 2 November** - Whanake Bishop Zoo Sleepover, TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am, Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am

*Whakatauki ~ Tungia te ururoa kia tupu, whakaritorito te tipu o te karakeke ~*

*Clear away the undergrowth, let the new flax shoots spring through.*

Kia ora koutou,

Welcome to Pippa Z in Whānui Murdoch.

As we enter week 4 the school is in good heart. The warmer weather is helping with our spirits. We have sunblock but it is a good idea to apply sunblock before each tamariki leaves for school in the morning. A wide brimmed hat is a must.

Thank you for your support for the 3-way Goal Setting Conversations. It is always good to engage with whānau about student progress. Staff are presently preparing end of year reports to distribute at the end of this year. As always we encourage you to keep up the dialogue with your child's teacher if you need any information from us.

Whānau circumstances can change at this time of year so if your child is leaving Kelburn then please let us know at your earliest convenience. Let [Loraine know here](#).

**Athletic Sports** ~ On Thursday we managed to get through the athletic sports. Thanks to the staff team for their support in ensuring each station ran smoothly. Always a fun event the weather cleared and we saw our tamariki striving to be their best, or just get through it in equal measure. I think we have the right balance of a competitive environment that is fun for all. Those iconic images of kids rolling down the hill in their break capture that balance. We will collate the results and the team for the Western Zone will compete next Friday.

**Battle of the Bands** ~ Well done to the Funky Monkeyz who represented the school at the Battle of the Bands singing Bohemian Rhapsody and Ben C was recognised as best keyboardist of the competition. We have 4 bands in operation at Kelburn, mentored by Tristan and Jeremy and it is always a joy listening to them rattle out the hits below my office as they become more and more in tune through both practice and working together. Such clever kids!



**Camps/Sleepovers** ~ this week we have the Māia overnight camps, travelling to Pukaha at Mt Bruce in the Wairarapa. We also have the Whanake Bishop sleepover at the Zoo which for our year 3s is the start of the annual 'camp' experiences. Next week we have Whanake Blair and Harper zoo sleepover.

**Out of zone enquiries** ~ we have had a few spaces taken up for 2024, but and please note we do have a small number of out of zone places currently available for 2024 at all levels so if you know of people keen to come to Kelburn please direct them to contact the school office at [admin@kelburnnormal.school.nz](mailto:admin@kelburnnormal.school.nz).

Ngā manaakitanga,  
Andrew

## UPCOMING

### Annual KNS Talent Quest - Wednesday 8 November

Time to start preparing and practising for the Annual KNS Talent Quest This year's talent quest will be held after school on Wednesday 8 November in the school hall. The Junior Talent Quest (Years 1–4) will be followed by the Senior Talent Quest (Years 5–8). To enter, come and try out your act in the hall at lunchtime during Week 4 and get some tips from the PTA. All acts are welcome so bring along your home-grown skit, your poem, instrumental, dance, song or magic tricks and show us what you've got. Each item must be three minutes or under. Just one item per student please (or two if one is a solo performance and the other is a pair or group act). The talent quest is a much-loved KNS tradition where tamariki get to share what they love to do. Talent Quest is on the 8 November .

**Pack the Bus** - we are collecting gifts for Pack the Bus for the Wellington City Mission. These will be collected on Tuesday 28 November at 12 noon - donations can be left at reception. Donations requested are toys, Christmas food such as chocolates, mince pies, crackers, xmas puddings, chips and non Christmas items like toothbrushes and large size nappies

### Parent Volunteers for Road Patrol Needed

Thank you to our amazing parent volunteers who keep our KNS children safe supervising the road patrol crossings. KNS is unusual – we have two crossing points and need twice the number of volunteers than most other schools. Several of our volunteers are leaving the school at the end of the year and we urgently need more parent volunteers to fill our roster for 2024. Morning shift is 8.20–8.50am and Afternoon is 2.50–3.20 pm. The role is providing support and backing-up your crew of trained road patrollers. Please email the PTA if you're keen to help.

**The next PTA meeting** will be on Monday 20<sup>th</sup> November @7pm in the Tupu Space. Everyone is welcome.

**Most Needed Items for Christmas**

**PACK THE BUS**

**01 NEW TOYS:**  
Toys for 0-12 months and 12-10 months  
E.g. Lamaze range, wooden toys, teething rings, bath toys  
Clothing for boys 10-17yrs  
Clothing vouchers  
Movie vouchers  
Products for teens  
Collectables  
Squishmallow pillows  
Plushies  
Family games/puzzles  
LEGO  
Beauty products/Body gifts  
Showergel packs  
Perfume  
Make-up packs  
Hair products  
Jewellery  
Gifts for pre-teen boys  
Tech gifts  
Portable speakers  
Headphones  
Game consoles (hand-held or family)  
Sensory toys  
Slime  
Thinking putty  
Sensory mats  
Fidget spinners  
Rainmaker toys  
Chew toys  
Reflective balls  
Pin art boards  
Electric pets

**02 FOOD: CHRISTMAS TREATS**  
Christmas cakes  
Christmas desserts  
Fancy crackers/biscuits  
Chippies  
Nuts  
Chocolates  
Pavlova/Meringues  
Relishes/Chutneys

**03 GROCERY ESSENTIALS:**  
Tinned fruit  
Biscuits  
Tinned fish/meats  
Tinned tomatoes  
2 minute noodles  
Condiments/spices  
Baking items  
Laundry powder  
Toothbrushes (Adults and kids)  
Toothpaste  
Nappies  
Baby food  
Cereals  
Spreads  
Dried pasta  
Pasta sauce

WELLINGTON 93.5FM | 94.1FM  
**THE BREEZE**

Visit [wellingtoncitymission.org.nz](http://wellingtoncitymission.org.nz) to learn more about how you can restore connections for everyone.

wellington citymission

## Looking Ahead - Event Dates - Term 4

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
<b>Week 4</b>	Monday 30 October	Board of Trustees Meeting @ 6.30 pm in the staffroom.
	Tuesday 31 October	Māia Munn overnight camp Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm Y3 Sports Day at Marsden School
	Wednesday 1 November	Māia Button overnight camp
	Thursday 2 November	Whanake Bishop Zoo Sleepover TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am
	Friday 3 November	School Hui @ 10.15 am
<b>Week 5</b>	Tuesday 7 November	Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm Maia Rock climbing + Kayaking 9am - 3pm
	Wednesday 8 November	Talent Quest in the Hall 3pm Junior Y1-4 followed by the Senior Y5-8
	Thursday 9 November	Whanake Blair and Harper Zoo Sleepover TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am
<b>Week 6</b>	Tuesday 14 November	Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm
	Thursday 16 November	TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am
	Friday 17 November	School Hui @ 10.15 am
<b>Week 7</b>	Monday 20 November	PTA Meeting in Tupu Space 7:00pm - 8:00pm
	Tuesday 21 November	Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm
	Wednesday 22 November	Maia and Whanui speech finals 9:30am - 1:00pm
	Thursday 23 November	Wellington College Orientation/Induction Day for the 2024 Year 9's TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am
<b>Week 8</b>	Monday 27 November	Gardasil 2nd Dose Y7/8, Board of Trustees Meeting @ 6.30 pm in the staffroom Board Meeting 6:30pm
	Tuesday 28 November	Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm

		Pack the Bus donations collected at 12 noon <b>Musical Refreshment @ St Andrew's on the Terrace 6pm</b>
	Thursday 30 November	TUPU Swimming: Tupu Brown @ 9am, Tupu Molloy @ 9:15am Tupu Wilby @ 10:00am, Tupu Miller @ 10:15am  Wellington High School - Experience Day for Y8s <b>enrolled</b> in 2024.
<b>Week 9</b>	Tuesday 5 December	Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm Senior Netball Team vrs Staff 1.15 pm to 2.15 pm
	Wednesday 6 December	Celebration of Learning 3 pm to 5 pm
	Friday 8 December	School Hui @ 10.15 am
<b>Week 10</b>	Tuesday 12 December	Whānui Swimming @ Kilbirnie Aquatic Centre departing @ 10.50 am and returning to school by 1 pm
	Tuesday 12th December	Maia Rogaine 9:30am - 12:30pm
	Wednesday 13 December	Whanake Rogaine 9:00am - 12:30pm Whanui Rogaine 12:00pm - 3:00pm
	Friday 15 December	Xmas School Hui at 10.15 am
<b>Week 11</b>	Monday 18 December	Y8 Leavers Dinners from 6pm
	Tuesday 19 December	Leavers Assembly from 11.50 am School Water Fight 1.45 - 2.45 pm
	Wednesday 20 December	<b>School finishes at 12 noon</b>

### School Notices

**Headlice** - there is headlice in the school. Please check your child's hair regularly and follow the [Ministry of Health guidelines](#) for treatment.

**Some reminders** as we head into the warmer months (hopefully) :-

- Please ensure your child has their sunhat at school everyday and that it is clearly named.
- Please name all clothing, lunchboxes, drink bottles and tupperware so we can find the owner if left outside.
- Now that the weather is warmer, please consider walking to school as often as possible. We know a large percentage of the school population live within 1km of the school therefore a good brisk walk to and from school is a great way to look after the physical well-being of whānau as well as look after the environment.
- If your child is going to be away then please notify the school via the App, ring 04 4759351 or email [admin@kelburnnormal.school.nz](mailto:admin@kelburnnormal.school.nz)
- For those using the drop-off zone on Kowhai Rd please ensure you adhere to the time restrictions.

**Next year** - If you have siblings turning 5, please let us know or complete the [enrolment form](#) on our website so we can plan for their arrival. If your whānau is moving and your child may be attending another school please let us know too...it helps us plan our organisation for 2024.

**Out of zone places** - we do have a small number of out of zone places currently available for 2024 at all levels so if you know of people keen to come to Kelburn please direct them to contact the school office at [admin@kelburnnormal.school.nz](mailto:admin@kelburnnormal.school.nz).

**The Dental Van is on site from 9 October to 30 October** - the dental van will try and see all children who have not been seen in the last year. If your child misses out you are able to make an appointment directly with Bee Healthy.

There's two easy ways to enrol your child with Bee Healthy Regional Dental Service:

1. Complete an [online enrolment form](#), or
2. Visit your nearest [Bee Healthy Dental Clinic](#) and complete an enrolment form.

Babies born in the Wellington Region are enrolled at birth with Bee Healthy.

If you have questions about enrolment, eligibility, or unsure if your child is enrolled with Bee Healthy, please call 0800 TALK TEETH (825 583).

If you have changed address or phone number/s and need to update your details [click here](#)

### **KNS Parent Chat WhatsApp Group**

The PTA has a WhatsApp group to enable all the KNS community to communicate with each other about all things KNS.

If you want to join this group, please email us on [pta@kelburnnormal.school.nz](mailto:pta@kelburnnormal.school.nz) with the following information:

- Your name
- Your phone number
- Your child's name and class

**Masks** - Tamariki are welcome to wear a mask at school if they wish to and it makes them feel safe.

### **School App - Contact Details**

Please check your contact details on the school app to ensure we have the correct details. If changes are needed please email these to [admin@kelburnnormal.school.nz](mailto:admin@kelburnnormal.school.nz)

**Teacher Messages** - a sort option has been added to the teacher messages section on the school app so parents can easily search for the latest message in date order.

**Downloading the app** - for those needing assistance with downloading the app please check the app [login video](#) on our website for parents

**EzLunch Menu** - Subway Wednesday / Pizza Thursday / Sushi Friday [Click here for the Menu](#)

## TALKING SCRIPTS FOR PARENTS

### How to respond when your child uses 'bad' language.



**Important Note:** Before talking to your child, check in with yourself. If you feel dysregulated, take deep breaths. It's okay to focus on yourself first. Your state impacts your child more than your words.

#### ✦ State What You Observe and Get Curious

"Hey buddy, I see that you're feeling really angry. I heard you say something that our family doesn't usually say."

"Can you tell me what happened?"

"I'm curious about what you said. Where did you hear it? Do you know what it means?"



**Remember:** Children often use 'bad' language by repeating what they've heard from others. They might do it for shock value, explore their independence, or not even realize how inappropriate it is. Stay calm and prioritize emotional safety. Know that this is a normal step in your child's development.

#### ✦ Empathize and Set a Boundary

"I see, you heard Tom say that word on the bus. You said it today because your brother was teasing you and you felt really angry."

"Would this be something you would say to show someone you care?"

"In our family, we use kind and respectful language when we talk to each other – even when we're feeling angry."

#### ✦ Reflect and Problem Solve Together

"What could you say or do when you're feeling frustrated with your brother, that would still be kind and respectful?"

"Do you want to hear what I do when I feel angry with someone?"

#### ✦ Encourage Your Child

"I know you can use appropriate words even when you are mad. If it feels hard, you can always come to me for help."

"I noticed you took a breath and walked away from your brother just now. I am proud of you and you should be proud of yourself too – that was not an easy thing to do!"



**Remember:** Often, children imitate what they see and hear. When you're feeling angry, be sure to model the language and actions that you hope to see in your own child.

## School Term Dates 2024

Term	Start Date	End Date	Public Holidays/Teacher Only Days
Term 1	Wednesday 31 January	Friday 12 April	<b>Tuesday 6 February - Waitangi Day</b> <b>Thursday 28 March - Kāhui Ako Teacher Only Day</b> <b>Friday 29 March - Easter Friday</b> <b>Monday 1 April - Easter Monday</b>

			<b>Tuesday 2 April - Easter Tuesday</b>
Term 2	Monday 29 April	Friday 5 July	<b>Friday 31 May - Teacher Only Day Monday 3 June - King's Birthday Friday 28 June - Matariki</b>
Term 3	Monday 22 July	Friday 27 September	<b>Teacher Only Day tbc</b>
Term 4	Monday 14 October	Thursday 19 December	<b>Monday 28 October - Labour Day</b>

**Kelly Club - Changes to Childcare Assistance - check if you qualify!**

More families will now qualify for Childcare Assistance and the rate will increase for those already qualified, which means you may be eligible for assistance to send your child to Kelly Club. Please follow this link to find out more: [https://drive.google.com/file/d/1EgHRGbeAEvTHYilaBHp7uauZzw\\_mwIJA/view](https://drive.google.com/file/d/1EgHRGbeAEvTHYilaBHp7uauZzw_mwIJA/view)

**Kelly Club - Check us out on Facebook - [Click Here](#)**

For enrolments and enquiries, contact the Supervisor on 021 744636 or [kelburnnormal@kellyclub.co.nz](mailto:kelburnnormal@kellyclub.co.nz)  
 Kelly Club Programmes focus on giving children aged between 5 and 13 the opportunity to do things they enjoy in a safe, supportive, and encouraging environment.  
 Kelburn to Enrol go to [www.kellyclub.co.nz](http://www.kellyclub.co.nz)

**KELLY SPORTS IS BACK FOR TERM 4 – SPRINT INTO SPORTS!!**

**Wednesday’s 3.05pm – 4.05pm, starts Wednesday 18 October 2023 for 8 weeks.**

The Kelly Sports sessions are a great way to improve your child’s motor skills and coordination within a FUN environment. We aim to develop and enhance balls skills, catching, kicking and throwing, while improving strength, flexibility, hand/eye coordination and spatial awareness.

In Term 4 we will be focusing on the following sports:

**T-Ball, Athletics, Cricket and Football!**

We teach new skills and improve ability by using games, drills and exercises. It’s a great way to try new sports, improve skills and maintain fitness – all while having FUN!

To Enrol go to [www.kellysports.co.nz](http://www.kellysports.co.nz) and in the school box put “Kelburn”

**FOOTBALL NETBALL**

**KELLY SPORTS**

**SUMMER SERIES**

2023 ★ 2024

**SUMMER FOOTBALL 5-A-SIDE**  
 Ian Galloway Park, Wilton

**SUMMER NETBALL**  
 Samuel Marsden School & Karori Normal School

**TEAM ENROLMENTS NOW OPEN**

**TERM 4:** 27 Oct – 15 Dec 2023 **TERM 1:** 2 Feb – 22 Mar 2024

**REGISTER YOUR TEAM ONLINE TODAY!**

[kellysports.co.nz/netball2023](http://kellysports.co.nz/netball2023) ★ [kellysports.co.nz/football2023](http://kellysports.co.nz/football2023)

**KELLY SPORTS**

For more details  
 Email: [admin@kellysports.co.nz](mailto:admin@kellysports.co.nz)  
 Phone: 021 972 728  
 Facebook: @KellySportsWellington

## Community Notices

**Aikido for juniors.** Aikido is a martial art with a difference, its focus being on defence rather than attack: a non-violent, defensive art. Aikido is renowned for its benefits for self-control, co-ordination and posture, and like all martial arts promotes confidence and provides fun, fitness and friendship. We are a not-for-profit organisation teaching the art of aikido, based in Kaiwharawhara, in our 30th year. Classes for 'Aiki Kids' (around 6+ to 12 years) 5:30pm every Monday in school terms, and our 'Aiki Teens' train every Monday and Wednesday 6:30pm. First 3 lessons free, then \$80 per term, with 10% discount for families. City Dojo, 132 Hutt Rd, Kaiwharawhara, Wellington, directly above Animates pet shop. Turn up and give Aikido a try - and parents, you can join in too :-). Contact Conrad at [conrad@aikido.org.nz](mailto:conrad@aikido.org.nz) or 021 843 467, or visit [www.aikido.org.nz](http://www.aikido.org.nz).