

KELBURN NORMAL SCHOOL NEWSLETTER

NGA TĀTARAKIHI O AHUMAIRANGI PĀNUI

THE BIRD'S EYE VIEW ISSUE 5 WEEK 5, TERM 1 2023

RAHINA 27 HUI-TĀNGURU - MONDAY 27 FEBRUARY



Where students learn creatively and strive for excellence in preparing for lifelong learning
Kia auaha te ako a ngā ākonga me te whai i te iti kahurangi mō te akoranga tūroa

Kia ora koutou,

Welcome to Weichen Z and Roman S in Tupu Brown and Christiaan H in Whanake Bishop.

The school is humming along nicely as we enter week 5, and approach the halfway mark of this term. Just a heads up that we do have cases of Covid at the school, so please keep a close eye on the health of your child/ren, particularly for cold and flu-like symptoms and test accordingly.

Ensembles are underway. Kelburn is recognised for its excellent performing arts ensembles. All schools have the groups, but Kelburn's groups have a consistently high quality to them, year after year. Whānau should be very proud of what the school and each ensemble are able to achieve. Each morning (8.30-9.30), our ensembles practise and rehearse to progress across the year and strive to be the best version of their group. At the end of each year, we say goodbye to our oldest children, and at the beginning of each year, younger children step into their place. Each ensemble has to step up together and work hard to sustain our reputation as one of the top-performing arts schools in Wellington. Our percussion groups, choirs, orchestra and kapa haka are all underway. We welcome Anna to the Kelburn team in place of Nicola to take our choirs - Lyrica and Piccolo. Four rock bands are also underway with Jeremy and Tristran. It is quite a large operation but one we feel is very worthy. We are so lucky with the skills of our team, and we are very proud of the quality that our tamariki delivers.

Wednesday 1 March - NZEI Paid Union meeting- As a consequence of this PUM the school will close early at lunchtime, and we advise whānau to **collect their children at 1pm this Wednesday**. I have spoken to Kelly Club, and they have confirmed they will be running a half-day programme on that day. For enrolments and enquiries, contact the Supervisor on 021 744636 or kelburnnormal@kellyclub.co.nz

Friday 17 March - Teacher Only Day - School closed - Also a reminder that we have a teacher-only day on Friday 17 March. School is closed on that Friday. This is a chance for our Kahui Ako - 8 schools, including Wellington College and Wellington Girls College to come together to align our practices to ensure a smooth transition between primary and secondary school.

Playground Buddies and Yellow Spot Buddies - Our year 5-6 playground buddies are back out in action to support the tamariki in the playground at break times. They are not duty teachers, but they are trained in playground mediation and do a terrific job sorting out little niggles between tamariki. In a new student-led initiative from our Māia students, we have the yellow spot buddies. A couple of our oldest children place themselves at the yellow spot during break times and so if any tamariki need company, a rest or help, then they can head to the spot, and they will be supported. They are playing the role of big buddies. It's a great idea and really works well.

Let's Get Movin' in March! - We always engage in Movin' March. While the weather is good, we emphasise walking or wheeling to school. It certainly helps our congested parking around the school when tamariki walk and wheel to school, and get some exercise as well. If you travel from outside Kelburn, then don't forget the Park and Stride concept, which is parking away from school and enabling tamariki to walk or wheel from there. For classes in Y1-6, we will have the [Walk or Wheel Passport Challenge](#) program to

celebrate walking or wheeling to school; once they have filled these, they can return them to school to enter into the prize draw. Remember, students don't have to complete their passports to go in the draw to win a \$400 MYRIDE voucher at the end of March!

Wheels day - As part of our Movin' March, our year 1-4 can bring their wheels to school this **Friday 3 March**, and our years 5-8 on **Wednesday 8 March**.

Whānau Photo Competition -Whānau can enter a photo of their journey to or from school and be in to WIN 1 of 5 x adult or child Micro Scooters and helmets! We're also giving away family passes to Staglands Wildlife Reserve or Zealandia. WOW... that's 15 prizes to be won! Post a photo and comment on our Facebook page responding to the weekly theme OR Post a photo and comment on your own Facebook or Instagram page and tag us @movinmarch (excludes posting "Stories"). Winners announced by 12th April.

Ideas for all the Whānau:

- Check our [Walk and Wheel Safety](#) page for guidelines for whānau to safely walk or wheel to school
- Have a chuckle while you learn all about scooter safety with our [scooter safety videos](#) featuring the cast of TV show Wellington Paranormal
- [Micro Scooters](#) are not only awesome sponsors for Movin' March, they also have awesome [safety tips](#) or check out Waka Kotahi's comprehensive [Education Portal](#)
- Get more information about [Walking School Buses](#) on our Movin' March website.

Thank you for your continued support, and please reach out if we can help in any way.

Ngā manaakitanga,
Andrew

Looking Ahead - Event Dates - Term 1

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
Week 5	Monday 27 February	BoT Meeting 6:30pm - 8:30pm
	Wednesday 1 March	SCHOOL FINISHES AT 1 PM for NZEI Paid Union Meeting
	Thursday 2 March	Whanake Swimming- W-Bishop @ 9.15/W-Harper @ 9.30/W-Blair @ 10.00am
	Friday 3 March	Wheels Day Y1-4
Week 6	Wednesday 8 March	Wheels Day Y5-8
	Thursday 9 March	Whanake Swimming- W-Bishop @ 9.15/W-Harper @ 9.30/W-Blair @ 10.00am
	Friday 10 March	Whole School Assembly 10:15am - 11:00am hosted by Māia
Week 7	Tuesday 14 March	Māia Camp at Kaitoke
	Thursday 16 March	Whanake Swimming- W-Bishop @ 9.15/W-Harper @ 9.30/W-Blair @ 10.00am Māia Camp return
	Friday 17 March	SCHOOL CLOSED - Kāhui Ako Teacher only Day

School Term Dates 2023

Term	Start Date	End Date	Teacher Only Day
Term 1	Wednesday 1 February	Thursday 6 April	Monday 6 February - Waitangi Day Friday 17 March - Kāhui Ako ToD

Term 2	Wednesday 26 April	Friday 30 June	Monday 24 April - (TOD - Curriculum) Tuesday 25 April - Anzac Day Friday 2 June - (Kāhui Ako ToD) Monday 5 June - King's Birthday
Term 3	Monday 17 July	Thursday 21 September	Friday 22 September - (Teacher Only day - Curriculum)
Term 4	Monday 9 October	Wednesday 20 December	Monday 23 October - Labour Day Tuesday 24 October - Teacher only day

School Notices

Winter Project 2023

The Winter Project is back again for 2023 and collecting items to help those in need this Winter. The Winter Project is a student-led charity group run by five Y11s and mentored by 5 Y13s from Samuel Marsden Collegiate School in Karori. We collect second-hand winter woollens and deliver them to schools in the wider Wellington region that are in need of warmth for the cold winter months ahead. We're looking for preloved, clean, warm clothing items in good condition. These can be anything like scarves, beanies, gloves, blankets, jerseys, tops, jackets, raincoats, puffers, warm pants or shoes! Thank you so much for your help!

Parent-help for our library

1. Do you like fixing things? Do you love books? Are you a detailed person? We would love your help to repair our library books so our tamariki will have many more times of reading them. Preferably to come into school on a Friday, though we are happy to discuss details.

2. Help from parents/caregivers significantly speeds up the process of getting our new library books ready for our tamariki to read. If you have some experience in durasealing books, we have kits to go out to parents/caregivers to duraseal new books at home in your own time. There are approximately 15 - 20 books in each 'home kit'.

For either tasks please email library@kelburnnormal.school.nz if you can help. Thank you from your KNS whare pukapuka team.

Recorder lessons at Kelburn Normal School

Kamala has a few places for recorder students to begin lessons this term. Child-centred approach with a focus on the love of playing music. If interested, please contact: kamala.bain@gmail.com.

Drum Lessons at Kelburn Normal School

John has spaces for tamariki wanting to learn the drums. If interested, please contact John Rae contact@johnrae.biz

Sun Safety - The weather has been so lovely all summer and hopefully it will continue. Just a couple of reminders for the year -

- Please apply sunscreen before school, maybe pack some in the bag
- We are a few hats short today so please all children must wear a wide brimmed sun hat
- Our water fountains are running well and so a water bottle is essential

Masks - Tamariki are welcome to wear a mask at school if they wish to and it makes them feel safe.

School App - Contact Details

Please check your contact details on the school app to ensure we have the correct details. If changes are needed please email these to admin@kelburnnormal.school.nz

Teacher Messages - a sort option has been added to the teacher messages section on the school app so parents can easily search for the latest message in date order.

Downloading the app - for those needing assistance with downloading the app please check the app [login video](#) on our website for parents

EzLunch Menu - Subway Wednesday / Pizza Thursday / Sushi Friday [Click here for the Menu](#)

CALL 4757275
OR TEXT 0274164481
BETWEEN 4-6 PM ON WEEKDAYS
OR 10AM-3 PM ON WEEKENDS

Bliss
ACCESSORIES

Order Now

Rings
You can get any combinations of colours in your ring you can also get a word/name customized in it. \$1 Ring \$1.50 customized ring

Bookmarks
Send us a reference photo and we will recreate it!
\$2 per bookmark

Stickers
Send us any sticker design and we will make it!
10 stickers - \$5

Phone chains and Necklaces
You can give us a colour scheme and an idea of what you like and we will design it just for you!
They both will cost \$5

Clay Earrings
These will cost \$10 and you can find the design options
@Colourfulclaycreations on Instagram :)

"YOU'RE FINE!"

Can make your child feel unheard and invalidated.

THEY THINK: "MOMMY SAYS I'M FINE BUT I'M NOT..."

Situation: Your child falls off their bike and scrapes their knee.

When you say, "You are okay.":

Your child thinks:

"BUT I AM NOT OKAY! MY BODY IS IN PAIN, DOESN'T THAT MATTER?"

Your real message to your child:

"I DON'T BELIEVE IT HURTS, I WANT YOU TO STOP CRYING."

Instead, acknowledge your child's feelings and offer support:

"I BELIEVE THAT IT REALLY HURTS. WOULD YOU LIKE A HUG?"

Situation: Your child is upset about having a friend ignore them in class.

When you say, "It's not a big deal.":

Your child thinks:

"BUT I FEEL LOST AND UNWORTHY. I FEEL I WILL NEVER HAVE ANY FRIENDS. ISN'T THIS FEELING VALID?"

Your real message to your child:

"IT DOESN'T MATTER WHAT YOU'RE FEELING, JUST MOVE ON."

Instead, reflect their feelings and offer validation:

"I KNOW HOW HARD IT IS TO FEEL REJECTED. I'M HERE FOR YOU."

Situation: Your child is panicking about an upcoming test.

When you say, "You'll be fine...":

Your child thinks:

"BUT WILL I STILL BE LOVED AND ACCEPTED BY YOU IF I FAIL?"

Your real message to your child:

"YOU'RE OVERREACTING, IT'S NOT A BIG DEAL. YOUR FEARS ARE NOT VALID."

Instead, allow space for the fears to be discussed and shared:

"YOU'RE CONCERNED WITH WHAT WILL HAPPEN IF YOU FAIL. LET'S TALK ABOUT IT."

In all situations when your child needs emotional support:

1. Paraphrase your child's emotion back to them offering validation of their experience.
2. Let them know you are safe for them to be vulnerable with.

Kelly Club - Check us out on Facebook - [Click Here](#)

For enrolments and enquiries, contact the Supervisor on 021 744636 or kelburnnormal@kellyclub.co.nz



HOLIDAY PROGRAMME

STARTING FROM 1PM

Wednesday 1 March 2023
ENCHANTED FOREST DAY

BOOK ONLINE NOW AT
www.kellyclub.co.nz

Community Notices

[PNP Club & College Sport Wellington MTB Championships \(XCO - Downhill - Criterium\)](#)

The club championships and College Sport Wellington championships are run early in the school year. The date & venue for 2023 has been set as Sun 19 March 2023 at Waiu Trail Park, Wainuiomata. Full details and links to entries can be found on the [Event Page](#).

Yeah! Girls is back for 2023!

Yeah! Girls is a fun and inclusive 6 week after school cricket programme for girls years 6 –10. Each week girls will participate in exciting activities and modified cricket games that encourage sports participation, skill development, teamwork and friendly competition. All equipment is provided, no experience is necessary, and sessions are free!

The Karori Yeah! Girls Hub will start on Tuesday, 14 February at Karori Normal School Turf, and will run every Tuesday until 21 March.

To register: <https://www.playhq.com/new-zealand-cricket/register/ae5844>

For more information, please visit the Yeah! Girls website: <https://play.nzc.nz/playyeah-girls>

Kia ora,

Wellington Symphonic Bands is thrilled to invite students and beginner players to our Youth Band. This ensemble is intended to help young players experience playing as part of a large wind group for the first time and help them to develop musically in a fun, social environment. We're primarily aiming for students of Year 6-10, but everyone who would benefit from the experience is welcome!

Rehearsals will be held during term time from 5-6pm on Wednesdays in the Wellington College library, beginning on March 1. Our Musical Director is David Codd, who comes to us with tertiary degrees in Classical Piano and French horn as well as a wealth of conducting experience, jokes and icebreakers.

First rehearsal is FREE and the band is very low cost. It is not-for-profit and we are running it to help the community. Please email wellingtonsymphonicbands@gmail.com to find out more and to let us know you are coming.

If you can't make the first week, you can still join at any time.

Drama Club - We run fun weekly drama classes to help your child express themselves creatively as well as learning some valuable performance skills along the way. Our drama classes work alongside the Trinity College London syllabus. Classes are based in Karori. Email admin@dramaclub.co.nz or check out our website - www.dramaclub.co.nz to trial a couple of our classes to see if they are a fit for your child.

Currently spaces available:

Year 1-3 classes - Wednesday 3.20pm - 4.00pm

Year 3-4 classes - Wednesday 4.00pm - 4.40pm

Girls Got Game After School Programme

Where: Evans Bay Intermediate School

Dates: Wednesdays, Feb 22nd - Mar 29th

Times: Years 3-5: 3:30pm-4:15pm

Years 6-8: 4:15pm-5:00pm

Cost: \$30

Register Here: <https://www.capitalbasketball.org/girls-got-game-sign-up>

Email me at renee@capital.basketball for any further information

PADA is a small NGO charity located in Johnsonville. We provide education and training for healthcare providers supporting parents experiencing anxiety or depression due to pregnancy, childbirth, and early parenting. Our current Fundraiser has taken on the role of General Manager which is why now this position has become vacant. Here is the link to the position advertisement. <https://pada.nz/turanga-watea-vacancies/>
Thanks so much for your time, and appreciate the opportunity to connect with your members.

Find us on 
Capital BMX

www.capitalbmx.co.nz
capitalbmx.info@gmail.com

Come and have a go!



Scan to watch video



HAVE A GO

Love riding bikes?

Keen to develop your riding skills?

Looking for a fun & family friendly Club?

Come on down to **CAPITAL BMX**

Check out our new development straight

And get tips from our coaches

Training – from 4:30pm Thursday

Club Day – from 9:30am Sunday

HIRE a BMX bike, helmet & gloves \$10

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www.capitalbmx.co.nz

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